

Yoga Happiness Studio

Weekly Class Schedule

Monday (1st & 3rd Mondays)

Blue Dragon Yoga <i>Donation Class</i>		9 -10 AM		
Yin + Yang Yoga				7-8 PM

Tuesday

Morning Yoga	6-6:45 AM	7-7:45 AM		
Beginner's Yoga			6-7 PM	
Intermediate Yoga <i>w/ Burgundie</i>				7:15-8:30 PM

Wednesday

Morning Yoga	6-6:45 AM	7-7:45 AM		
Intermediate Yoga <i>w/ Kelly Locker</i>			6-7:15 PM	
YOGA talks				7:30-8:30 PM

Thursday

Morning Yoga	6-6:45 AM	7-7:45 AM		
Learner Series-(All levels)				7-8:30 PM

Friday

Morning Yoga	6-6:45 AM	7-7:45 AM		
All Levels Yoga			2-3 PM	