

# April Schedule 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 6a & 7a- AM Yoga  5:30-6:30 pm- Beginner's Hatha Series	3 6a & 7a- AM Yoga  6:30-7:30pm- Balance+Inversion	4 6a & 7a- AM Yoga 6-7:15p- Intermediate 7:30-8:30p- YOGA Talks	5 6a & 7a- AM Yoga  7-8:15p- All Levels Hatha	6 6a & 7a- AM Yoga	7
8 10a-12p- Open Studio	9 6a & 7a- AM Yoga  5:30-6:30 pm- Beginner's Hatha Series	10 6a & 7a- AM Yoga  6:30-7:30pm- Balance+Inversion	11 6a & 7a- AM Yoga 6-7:15p- Intermediate 7:30-8:30p- YOGA Talks	12 6a & 7a- AM Yoga  7-8:15p- All Levels Hatha	13 6a & 7a- AM Yoga	14 9-10:30a- Yin w/ Trivia
15 10a-12p- Open Studio	16 6a & 7a- AM Yoga  5:30-6:30 pm- Beginner's Hatha Series	17 6a & 7a- AM Yoga  6:30-7:30pm- Balance+Inversion	18 6a & 7a- AM Yoga 6-7:15p- Intermediate 7:30-8:30p- YOGA Talks	19 6a & 7a- AM Yoga  7-8:15p- All Levels Hatha	20 6a & 7a- AM Yoga 6:30-9p- Thai Yoga Massage + Vino	21
22 10a-12p- Open Studio	23 6a & 7a- AM Yoga  5:30-6:30 pm- Beginner's Hatha Series	24 6a & 7a- AM Yoga  6:30-7:30pm- Balance+Inversion	25 6a & 7a- AM Yoga 6-7:15p- Intermediate 7:30-8:30p- YOGA Talks	26 6a & 7a- AM Yoga  7-8:15p- All Levels Hatha	27 6a & 7a- AM Yoga	28 9-10:30a- Yin w/ Trivia
29 10a-12p- Open Studio	30 6a & 7a- AM Yoga  5:30-6:30 pm- Beginner's Hatha Series					